

Blindfold Instructions

Pin the Ears on the Donkey

Pair (adult and child)

Blindfold one person in pair (adult)

Stand them about 3 m from the donkey

Give them the ears with pins in them

invite them to pin the ears on the donkey

see how they get on with no help

try again but with the other person in the pair (child) able to tell them instructions

Do you like letting somebody help you?

What is it like listening to your helper?

Do you find it easy to trust?

Mirroring

2 adult and child pairs needed

2 adults face each other 1m apart

1 adult blindfolded,

adult with no blindfold does a difficult pose

child of blindfolded adult tells them how to move so they can be a

mirror image of the other adult

remove blindfold to see how similar they look

swap over and other adult is blindfolded, try again.

Do you like letting somebody help you?

What is it like listening to your helper?

Do you find it easy to trust?

swap adults/ children

ad lib